



## **TEXT CRISIS SERVICE FOR TEENS**

281-CARE is reaching youth through a texting service targeted to teens. Text 4 HOPE to 839863 enables teens to access help 24/7. Facilitated by trained Talbert House crisis staff, questions and concerns are addressed any time of day or night. The texting service "talks" to teens in their own language at a time of crisis with the goal to avert harm to the caller and their friends. According to the National Center of Disease Control, suicide is the 3<sup>rd</sup> leading cause of death among 15 to 25 year olds and accounts for 20% of their deaths. This technology is being utilized as another way to positively impact local youth when they are in crisis.

Text 4 HOPE to 839863 or 281-CARE (2273) are available to help your youth and their families. These services are operated by Talbert House through funding by Hamilton County Mental Health and Recovery Board.

Outreach materials are available that have been designed for adolescents that include posters and wallet cards. If your school or youth program would like more information on these services, contact <a href="mailto:Joan.Wyler@talberthouse.org">Joan.Wyler@talberthouse.org</a>.