

\$59
Back-to-School
Offer!

POST-PANDEMIC PARENTING

An Online Masterclass for Parents



Is your child struggling with mental health challenges?

Learn practical, easy-to-use techniques to help your child better cope and rebound from the stress and anxiety developed during the pandemic.

If your child is feeling isolated and uncertain and it's affected his or her daily life, they're not alone. Recent studies show that during the first year of the pandemic, 21% of children had feelings of anxiety, and 25% experienced symptoms of depression.

Individual counseling may still be appropriate for your child; however, waiting lists are long. This masterclass can fill the gap by providing you the tools to help your child deal with stress, anxiety, and depression.

We know early intervention yields better outcomes. That's why the best time to get started is now. You can complete the course on your own schedule, anytime and anywhere.

Don't miss the cues

This course is for you if you've watched your child:

- Become uncertain about the future
- Change from being the happy child you know
- Lose interest in the activities they used to enjoy
- Withdraw from friends and family
- Worry about going outside and into the world
- Feel sad or worried about illness or death

Dr. Robin Arthur has partnered with Best Point Solutions to present Post-Pandemic Parenting.

Masterclass enrollees will learn parenting practices that help their child and bring them relief, confidence, and much-needed solutions.

See course details on back.

POST-PANDEMIC PARENTING

Lessons and Strategies You Can Use Right Away

Post-Pandemic Parenting contains three modules, each with three 15-minute lessons.

MODULE ONE: Really Understanding Your Child

MODULE TWO: What to Do and Not to Do

MODULE THREE: Teaching Resilience

For just \$59 (normally priced at \$197) you get:

- 6-months of access to the masterclass
- Invitation to a monthly live online group Q&A with Dr. Robin Arthur
- Access to the complimentary webinar replay – *“How to Avoid the 5 Most Common Mistakes Parents Make with Stressed Out Children”*

This special price is valid through December 31, 2022.

[Visit offers.bestpointsolutions.com/parents2022](https://offers.bestpointsolutions.com/parents2022)



ABOUT DR. ROBIN ARTHUR

Dr. Arthur is a nationally recognized clinical psychologist. She has been solving critical mental health problems for parents and children across the United States for more than 25 years. She works from a strength-based, positive psychology perspective and understands that early intervention leads to faster and better outcomes.

Her goal is to help you quickly learn the skills you need to help your child succeed, gain insight, and move on to a fulfilling, balanced life.

Dr. Arthur has raised four children and understands first-hand the challenges and immense rewards of being a parent!

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I wish all parents had access to this information to help with the mental health epidemic of our children.

After dealing with the COVID-19 pandemic, I didn't know how best to help my child cope with the stress. I felt helpless and out of control. With the Post-Pandemic Parenting online course, I learned how my child might feel and how I might help them with practical exercises and empathy. I needed guidance, support, and appreciation for how difficult raising a child during the pandemic was, and the course did just that! I wish all parents had access to this information to help with the mental health epidemic of our children.

~ Karen